B	I	N	G	O
Share a happy event in your life	Acceptance	Give the person across form you a compliment.	Say something positive about yourself	Name something you would like to be better at.
Give a compliment to the person to your left	Share a characteristic you admire	Positive Self Talk	Compliment the person to the right of you.	Say "I am ____ and I can do anything I set my mind to"
Share a happy event in your life	Talk about someone you admire	**FREE**	Describe something someone could do to make you happy.	I'm happiest when I _____.
Let everyone give you an applause	Self-esteem	My favorite part of the day	I feel good about my self when_____.c you admire	Negative Self Talk
High Self esteem	Describe the perfect job/career	Relationships	Talk about the three things you are grateful for.	Give someone in the group a high five

Self esteem Bingo Card #1 of 3

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B	I	N	G	O
Talk about someone you admire	Compliment the person to the right of you.	Say something positive about yourself	Give a compliment to the person to your left	Positive Self Talk
Give the person across form you a compliment.	Talk about the three things you are grateful for.	Name something you would like to be better at.	Describe the perfect job/career	Say "I am ____ and I can do anything I set my mind to"
Let everyone give you an applause	Describe something someone could do to make you happy.	**FREE**	I'm happiest when I _____.	Acceptance
I feel good about my self when_____.c you admire	Relationships	Share a happy event in your life	Give someone in the group a high five	Self-esteem
My favorite part of the day	Negative Self Talk	Share a happy event in your life	Share a characteristic you admire	High Self esteem

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B	I	N	G	O
Describe the perfect job/career	Relationships	Compliment the person to the right of you.	Negative Self Talk	Describe something someone could do to make you happy.
Share a happy event in your life	Let everyone give you an applause	My favorite part of the day	Share a characteristic you admire	Name something you would like to be better at.
Share a happy event in your life	Give someone in the group a high five	**FREE**	Self-esteem	I feel good about my self when_____.c you admire
Talk about someone you admire	Say "I am ____ and I can do anything I set my mind to"	Say something positive about yourself	Talk about the three things you are grateful for.	Give the person across form you a compliment.
I'm happiest when I _____.	Acceptance	Positive Self Talk	Give a compliment to the person to your left	High Self esteem

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