

Know the Risks

Tobacco	Acetone	Chemicals	Smell	Depression
Boredom	Taste	Lung Cancer	Addiction	Tar
Triggers	Anxiety	FREE	Heart Rate	Cough
Blood Pressure	Cravings	Smoke	Dentist	Nicotine
Stress	Cigarette	Chewing Gum	Gum Disease	Asthma

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Heart Rate	Depression	Anxiety	Tar	Asthma
Smoke	Cough	Cravings	Taste	Addiction
Triggers	Smell	FREE	Gum Disease	Boredom
Chemicals	Lung Cancer	Stress	Blood Pressure	Nicotine
Acetone	Tobacco	Withdrawal	Cessation	Chewing Gum

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Heart Rate	Boredom	Nicotine	Cessation	Addiction
Acetone	Withdrawal	Chemicals	Triggers	Blood Pressure
Taste	Stress	FREE	Dentist	Smell
Asthma	Gum Disease	Cravings	Cough	Anxiety
Tar	Depression	Chewing Gum	Lung Cancer	Tobacco