

B	I	N	G	O
7. DASH Diet	1. Angina	18. Hypertension Emergency	3. Heart	24. Health
15. Heart Attack	5. Vein	27. 120/80 (Normal Blood Pressure)	10. No Smoking	4. Artery
11. Salt Reduction	21. Clots	FREE	22. Plaque	31. Vasoconstriction
23. Blood Pressure	29. 150/95 (Stage 1 Hypertension)	2. Atherosclerosis	25. Overweight	19. Secondary Hypertension
13. Diastolic	14. Systolic	26. Obese	16. Hypertension	28. 125/85 (Pre-Hypertension)

B	I	N	G	O
8. Exercise	30. 160/100 (Stage 2 Hypertension)	29. 150/95 (Stage 1 Hypertension)	27. 120/80 (Normal Blood Pressure)	31. Vasoconstriction
13. Diastolic	14. Systolic	28. 125/85 (Pre-Hypertension)	25. Overweight	15. Heart Attack
26. Obese	10. No Smoking	FREE	21. Clots	1. Angina
24. Health	7. DASH Diet	9. Weight Loss	16. Hypertension	11. Salt Reduction
3. Heart	17. Essential Hypertension	22. Plaque	18. Hypertension Emergency	2. Atherosclerosis

B	I	N	G	O
26. Obese	15. Heart Attack	29. 150/95 (Stage 1 Hypertension)	28. 125/85 (Pre-Hypertension)	17. Essential Hypertension
10. No Smoking	9. Weight Loss	18. Hypertension Emergency	8. Exercise	6. Capillary
16. Hypertension	31. Vasoconstriction	FREE	23. Blood Pressure	3. Heart
1. Angina	14. Systolic	25. Overweight	22. Plaque	20. Stroke
7. DASH Diet	11. Salt Reduction	4. Artery	13. Diastolic	5. Vein