

S	O	B	E	R
Steroids	Addiction	Has fewer than 90 days clean/sober	Positive coping strategies	Memory loss
Family	Self-help support group	Meth	Affirmations	Pain pills
Resentments	Treatment	FREE	Better communication	Inhalants
Co-occurring disorder	Marijuana	Relapse	Meditation	Relationships
Heroin	Mental Health Court	Has finished Step Nine	Celebrated a recovery milestone/Anniv within the past week	Money problems

S	O	B	E	R
Treatment	Relapse	Pain pills	Money problems	Relationships
Better communication	Co-occurring disorder	Memory loss	Family	Mental Health Court
Affirmations	High risk situation	FREE	Addiction	Meditation
Steroids	Celebrated a recovery milestone/Anniv within the past week	Trigger	Positive coping strategies	Meth
Has fewer than 90 days clean/sober	Inhalants	Marijuana	Heroin	Self-help support group

S	O	B	E	R
Family	Relationships	Marijuana	Positive coping strategies	Addiction
Treatment	Pain pills	Has fewer than 90 days clean/sober	Co-occurring disorder	Mental Health Court
Inhalants	High risk situation	FREE	Better communication	Affirmations
Celebrated a recovery milestone/Anniv within the past week	Resentments	Memory loss	Has finished Step Nine	Money problems
Self-help support group	Steroids	Meditation	Heroin	Has a sponsor