

B	I	N	G	O
Resentments	Attended a support group	Created a budget	Met with PCP	Identified a Trigger
Completed Relapse Prevention Plan	Relationships	Met Counseling requirements this month	Better communication	Positive coping strategies
Can say something positive about themselves	Meditation	FREE BRC	Has a sponsor	Rebuilt a family relationship
Has fewer than 90 days clean/sober	On time to appointment with counselor	Healthy UDT	Met with Doc	Dosed 30 days in a row
Dosed 10 Days in a row	Kept appointment with counselor	Celebrated a recovery milestone/Anniv within the past week	Completed DLA-20	Met with a mental health therapist

B	I	N	G	O
Dosed 5 days in a row	Can say something positive about themselves	Has a sponsor	Relationships	Better communication
Resentments	Rebuilt a family relationship	Meditation	Met with PCP	Kept appointment with counselor
Has fewer than 90 days clean/sober	Identified a Trigger	FREE BRC	Completed Relapse Prevention Plan	Created a budget
Met Counseling requirements this month	Safely navigated a High risk situation	Met with a mental health therapist	On time to appointment with counselor	Celebrated a recovery milestone/Anniv within the past week
Completed DLA-20	Met with Doc	Attended a support group	Healthy UDT	Treatment

B	I	N	G	O
Safely navigated a High risk situation	Completed Treatment Plan	Can say something positive about themselves	Met with a mental health therapist	Completed Relapse Prevention Plan
Meditation	Completed a goal on Treatment Plan	Treatment	Better communication	Resentments
Healthy UDT	Completed DLA-20	FREE BRC	Met with PCP	Has a sponsor
Created a budget	Dosed 5 days in a row	Attended a support group	Dosed 10 Days in a row	Kept appointment with counselor
Met with Doc	Relationships	On time to appointment with counselor	Has fewer than 90 days clean/sober	Positive coping strategies