

S	O	B	E	R
Steroids	Addiction	Has a sponsor	Positive coping strategies	Meditation
Co-occurring disorder	Self-help support group	Meth	Affirmations	Pain pills
Resentments	Alcohol	FREE	Mental Health Court	High risk situation
Inhalants	Relapse	Marijuana	Money problems	Relationships
Heroin	Has fewer than 90 days clean/sober	Memory loss	Better communication	Celebrated a recovery milestone

S	O	B	E	R
Mental Health Court	Meditation	Alcohol	Resentments	Better communication
Positive coping strategies	High risk situation	Inhalants	Self-help support group	Affirmations
Treatment	Memory loss	FREE	Co-occurring disorder	Has a sponsor
Money problems	Pain pills	Meth	Relapse	Celebrated a recovery milestone
Addiction	Steroids	Trigger	Family	Has fewer than 90 days clean/sober

S	O	B	E	R
Mental Health Court	Co-occurring disorder	Money problems	Family	Affirmations
Addiction	Trigger	Treatment	Celebrated a recovery milestone	Self-help support group
Coping Skills	Relapse	FREE	Marijuana	Pain pills
Memory loss	Inhalants	High risk situation	Alcohol	Relationships
Better communication	Resentments	Meditation	Has a sponsor	Meth