

S	O	B	E	R
Steroids	Addiction	Heroin	Relapse	Memory loss
Co-occurring disorder	Sobriety	Money problems	Affirmations	Positive coping strategies
Self-help support group	Alcohol	FREE	Meth	Marijuana
Medication	Relationships	Meditation	Pain pills	Resentments
Inhalants	High risk situation	Mental Health Court	Better communication	Celebrated a recovery milestone

S	O	B	E	R
Meth	Memory loss	Alcohol	Self-help support group	Better communication
Relapse	Marijuana	Medication	Sobriety	Affirmations
Treatment	Mental Health Court	FREE	Co-occurring disorder	Heroin
Pain pills	Positive coping strategies	Money problems	Relationships	Celebrated a recovery milestone
Addiction	Steroids	Trigger	Family	High risk situation

S	O	B	E	R
Meth	Co-occurring disorder	Pain pills	Family	Affirmations
Addiction	Trigger	Treatment	Celebrated a recovery milestone	Sobriety
Cocaine	Relationships	FREE	Meditation	Positive coping strategies
Mental Health Court	Medication	Marijuana	Alcohol	Resentments
Better communication	Self-help support group	Memory loss	Heroin	Money problems