

B	I	N	G	O
Washing hands	Applying insect repellent	Cleaning glasses	Using deodorant	Trimming nails
Changing clothes daily	Using tissues	Using a tongue scraper	Applying sunscreen	Using soap
Blowing nose	Shampooing hair	FREE	Showering	Using mouthwash
Taking care of braces (if applicable)	Using chapstick	Combing hair	Using a foot scrub	Cleaning shoes
Brushing hair	Brushing teeth	Using a nail brush	Changing underwear daily	Using body lotion

B	I	N	G	O
Wearing clean socks	Using hand sanitizer	Using chapstick	Using a tongue scraper	Using mouthwash
Brushing hair	Brushing teeth	Using body lotion	Using a foot scrub	Changing clothes daily
Using a nail brush	Applying sunscreen	FREE	Shampooing hair	Applying insect repellent
Trimming nails	Washing hands	Wiping properly	Changing underwear daily	Blowing nose
Using deodorant	Cleaning ears	Showering	Cleaning glasses	Combing hair

B	I	N	G	O
Using a nail brush	Changing clothes daily	Using chapstick	Using body lotion	Cleaning ears
Applying sunscreen	Wiping properly	Cleaning glasses	Wearing clean socks	Washing face
Changing underwear daily	Using mouthwash	FREE	Taking care of braces (if applicable)	Using deodorant
Applying insect repellent	Brushing teeth	Using a foot scrub	Showering	Flossing
Washing hands	Blowing nose	Using soap	Brushing hair	Using tissues