

B	I	N	G	O
Washing hands before meals	Avoiding screentime before bed	Eating junk food for snacks	Sleeping early	Managing my time effectively
Drinking a glass of milk every day	Taking a bath every day	Reading every day	Coming late to school/class	Skipping meals
Studying everyday	Watching television	FREE	Completing homework last minute	Keeping my room clean
Learning new things	Sleeping/Waking up late	Listening to elders	Having a fruit every day	Playing video games
Exercising everyday	Drinking 6-8 glasses of water daily	Saying please/thank you	Writing diary	Drinking soda

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Eating junk food for snacks	Writing diary	Managing my time effectively	Drinking 6-8 glasses of water daily	Skipping meals
Learning new things	Completing homework last minute	FREE	Keeping my room clean	Avoiding screentime before bed
Having a fruit every day	Saying please/thank you	Washing hands before meals	Drinking soda	Sleeping/Waking up late
Listening to elders	Playing video games	Studying everyday	Taking a bath every day	Exercising everyday

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Keeping my room clean	Avoiding screentime before bed	Reading every day	Drinking a glass of milk every day	Exercising everyday