B	I	N	G	O
Wash Hands after using the restroom	Brush Teeth daily	Clip Nails	Use toilet paper	Moisture daily
Change socks daily	Wash Face every morning	Use deodorant	Brush or comb hair	Use mouthwash
Wash Clothes	Wash private parts daily	**FREE**	Brush teeth twice a day	Don't overuse body spray or perfume
Floss Teeth	Wash Bedding	Keep nails and toenails clean	Dispose of feminine products properly	Shower Daily
Cover Mouth when coughing	Change Undergarments daily	Use hand sanitizer	Wear correct size undergarments	Change underwear daily

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B	I	N	G	O
Wash private parts daily	Brush or comb hair	Use toilet paper	Change socks daily	Use deodorant
Clip Nails	Wear correct size undergarments	Moisture daily	Change Undergarments daily	Use mouthwash
Floss Teeth	Brush teeth twice a day	**FREE**	Don't overuse body spray or perfume	Brush Teeth daily
Dispose of feminine products properly	Use hand sanitizer	Wash Hands after using the restroom	Change underwear daily	Wash Bedding
Keep nails and toenails clean	Shower Daily	Wash Clothes	Wash Face every morning	Cover Mouth when coughing

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B	I	N	G	O
Change Undergarments daily	Use hand sanitizer	Brush or comb hair	Shower Daily	Brush teeth twice a day
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