

|                                           |                                |                             |                                       |                                         |
|-------------------------------------------|--------------------------------|-----------------------------|---------------------------------------|-----------------------------------------|
| <b>B</b>                                  | <b>I</b>                       | <b>N</b>                    | <b>G</b>                              | <b>O</b>                                |
| Honesty<br>(Rigorous Honesty)             | Act As If                      | Acceptance                  | Compassion                            | Freedom<br>from<br>Bondage              |
| Emotional<br>Balance<br>(from<br>Step 10) | Boredom<br>with the<br>Program | Happy<br>Joyous<br>and Free | Fear of<br>Failure/Fear<br>of Success | Addictive<br>Personality                |
| Forgiving<br>Ourselves                    | Guilt                          | <b>FREE</b>                 | Foundation                            | Humility                                |
| Amends<br>Beyond<br>"I'm<br>Sorry"        | Fear                           | Discipline                  | Big Book<br>(Using the<br>Big Book)   | Don't<br>Drink and<br>Go To<br>Meetings |
| God as I<br>Understand<br>Him             | Dry<br>Dunks                   | Forgiveness                 | Growth<br>through<br>Pain             | Greed<br>Gluttony<br>Having<br>Enough   |

|                       |                                  |                                 |                                   |                          |
|-----------------------|----------------------------------|---------------------------------|-----------------------------------|--------------------------|
| <b>B</b>              | <b>I</b>                         | <b>N</b>                        | <b>G</b>                          | <b>O</b>                 |
| Forgiving Others      | Dealing with Difficult People    | Guilt                           | Discipline                        | Cravings                 |
| Expect a Miracle      | Don't Drink and Go To Meetings   | Contempt Prior to Investigation | Anniversaries                     | Attitude                 |
| Faith                 | Emotional Balance (from Step 10) | <b>FREE</b>                     | Ego (ego-smashing Easing God Out) | Agnostics (We Agnostics) |
| Asking for Help       | Friendship                       | Disappointment                  | Anger                             | Do the Next Right Thing  |
| Happy Joyous and Free | Adversity                        | Humility                        | Handling Success                  | Action                   |

|                                |                                  |                                           |                                            |                             |
|--------------------------------|----------------------------------|-------------------------------------------|--------------------------------------------|-----------------------------|
| <b>B</b>                       | <b>I</b>                         | <b>N</b>                                  | <b>G</b>                                   | <b>O</b>                    |
| Fake It<br>Till You<br>Make It | Freedom<br>from<br>Bondage       | Enjoying<br>Life<br>(Having<br>Fun Sober) | Amends<br>Making<br>Hard<br>Amends         | Disease<br>Concept          |
| Faith                          | Handling<br>Failure              | Don't Quit<br>Before<br>the<br>Miracle    | Emotional<br>Hangover<br>(from<br>Step 10) | Breaking<br>My<br>Anonymity |
| Compassion                     | First Drink<br>Gets You<br>Drunk | <b>FREE</b>                               | I Am<br>Responsible                        | Fun                         |
| Forgiving<br>Ourselves         | Feelings<br>and<br>Emotions      | Gossip                                    | Anger                                      | Balance                     |
| First<br>Things<br>First       | Boredom<br>with the<br>Program   | Forgiveness                               | Expectations                               | Act As If                   |