

B	I	N	G	O
straight front to stand	10 sec handstand hold	change leg	round off flick to mat(yurchenko)	full connected bar routine
cast to handstand from upstart	straddle lever to handstand	full spin on beam	A stand to handstand pirouette	perfect competition vault
squat on catch	straight leg split jump on beam	FREE	backward roll to handstand pirouette	free cartwheel on floor
front sommi to land on floor	round off flick tuck on floor	full clean beam routine x10	flick to one low beam	full floor routine
clears to stand on block	cartwheel tuck dismount on beam	handspring over table vault	walkover on high beam	cat leap cat leap half turn

B	I	N	G	O
straight leg split jump on beam	A stand to handstand pirouette	round off flick to mat(yurchenko)	cast to handstand from upstart	full spin on beam
change leg	walkover on high beam	full connected bar routine	cartwheel tuck dismount on beam	perfect competition vault
front sommi to land on floor	backward roll to handstand pirouette	FREE	free cartwheel on floor	10 sec handstand hold
flick to one low beam	handspring over table vault	straight front to stand	cat leap cat leap half turn	round off flick tuck on floor
full clean beam routine x10	full floor routine	squat on catch	straddle lever to handstand	clears to stand on block

B	I	N	G	O
cartwheel tuck dismount on beam	handspring over table vault	A stand to handstand pirouette	full floor routine	backward roll to handstand pirouette
straight front to stand	front sommi to land on floor	full clean beam routine x10	straddle lever to handstand	full connected bar routine
squat on catch	cat leap cat leap half turn	FREE	round off flick tuck on floor	flick to one low beam
straight leg split jump on beam	perfect competition vault	round off flick to mat(yurchenko)	walkover on high beam	change leg
free cartwheel on floor	10 sec handstand hold	full spin on beam	cast to handstand from upstart	clears to stand on block