

B	I	N	G	O
unpleasant	aggressive	action	frequency	recognize
objective	degrees	thinking	physically	assessment
assertively	provoking	FREE	support talk	variety
cause	passively	insulted	learn	self talk
long term	problems	stress	mistakes	stand

B	I	N	G	O
provoking	hurt	support talk	insulted	harmful
outside	learn	hard work	change/solve prob.	consequence
passively	objective	FREE	non-threatening	burn
results	intense	thinking	assessment	variety
teamwork skills	assertively	recognize	obstacles	cause

B	I	N	G	O
intense	passive-agg.	teamwork skills	listen	objective
doctor	frequency	physiological	view	rights
provoking	physically	FREE	short term	change/solve prob.
control	preventing	problems	outside	assertively
inside	action	non-threatening	degrees	triggers