

B	I	N	G	O
under eating	anxiety	headache	overeating	moodiness
free	teeth grinding	negative thoughts	constipation	skin breakouts
weight gain	depression	FREE	irritability	isolating self
rapid heartbeat	memory problems	over sleeping	indecisiveness	nausea
fear	poor judgement	free	weight loss	frequent colds

B	I	N	G	O
weight gain	weight loss	constipation	memory problems	free
overeating	isolating self	headache	nausea	depression
irritability	anxiety	FREE	indecisiveness	over sleeping
frequent colds	under eating	free	rapid heartbeat	fear
moodiness	insomnia	skin breakouts	negative thoughts	teeth grinding

B	I	N	G	O
rapid heartbeat	indecisiveness	weight gain	frequent colds	overeating
poor judgement	skin breakouts	weight loss	memory problems	depression
over sleeping	constipation	FREE	irritability	headache
insomnia	moodiness	fear	anxiety	under eating
teeth grinding	negative thoughts	isolating self	nausea	free