

B	I	N	G	O
under eating	anxiety	frequent colds	over sleeping	memory problems
free	skin breakouts	nausea	constipation	rapid heartbeat
weight gain	depression	FREE	insomnia	irritability
poor judgement	isolating self	negative thoughts	headache	moodiness
fear	overeating	free	weight loss	free

B	I	N	G	O
weight gain	weight loss	constipation	isolating self	free
over sleeping	irritability	frequent colds	moodiness	depression
insomnia	anxiety	FREE	headache	negative thoughts
free	under eating	free	poor judgement	fear
memory problems	indecisiveness	rapid heartbeat	nausea	skin breakouts

B	I	N	G	O
poor judgement	headache	weight gain	free	over sleeping
overeating	rapid heartbeat	weight loss	isolating self	depression
negative thoughts	constipation	FREE	insomnia	frequent colds
indecisiveness	memory problems	fear	anxiety	under eating
skin breakouts	nausea	irritability	moodiness	free