

B	I	N	G	O
Superficial	Ankle	Abdomen	Digital	Oblique plane
Leg	Cheek	Proximal	Midsagittal plane	Antecubital
Pelvic	Superior	FREE	Anterior surface of knee	Medial
Frontal/Coronal plane	Posterior	Groin	Palmar	Inferior
Neck	Parasagittal plane	Nose	Foot	Femoral

B	I	N	G	O
Mammary	Groin	Distal	Axillary	Brachial
Medial	Leg	Lateral	Anterior	Posterior
Orbital	Forehead	FREE	Anterior surface of knee	Proximal
Antecubital	Superior	Frontal/Coronal plane	Manual	Head
Chest	Digital	Mouth	Toes	Otic

B	I	N	G	O
Oblique plane	Midsagittal plane	Palmar	Anterior surface of knee	Carpal
Neck	Leg	Chest	Nose	Manual
Ankle	Forehead	FREE	Abdomen	Lateral
Cheek	Medial	Superficial	Axillary	Umbilical
Transverse plane	Toes	Anterior	Orbital	Coxal