

MENOPAUSE

hair loss	mood swings	transformation	xenoestrogens	Reevaluation
HRT	triggers	weight gain	VitaminD	Testosterone
renewal	osteoporosis	BLANK	Urogenital atrophy	Mind fog
flashbacks	night sweats	sleep disturbance	Xerosis	Overactive bladder
hot flush	nutrient deficiency	progesterone	zinc	Yohimbine

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HRT	nutrient deficiency	Restlessness	zinc	Reevaluation
renewal	osteoporosis	progesterone	Xerosis	Mind fog
hair loss	omega3	BLANK	VitaminD	Libido
flashbacks	night sweats	palpitations	xenoestrogens	Yohimbine
estrogen	mood swings	transformation	wrinkles	Testosterone

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hair loss	mood swings	sleep disturbance	xenoestrogens	Libido
estrogen	triggers	weight gain	wrinkles	Yohimbine
HRT	omega3	BLANK	zinc	Mind fog
hot flush	night sweats	palpitations	VitaminD	Overactive bladder
flashbacks	nutrient deficiency	Restlessness	Urogenital atrophy	Testosterone