

B	I	N	G	O
under eating	anxiety	headache	overeating	memory problems
fear	teeth grinding	nausea	constipation	over sleeping
skin breakout	weight gain	FREE	depression	irritability
isolating self	poor judgement	loss of objectivity	insomnia	moodiness
indecisiveness	diarrhea	negative thoughts	weight loss	frequent colds

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weight gain	constipation	overeating	fear	nausea
headache	weight loss	memory problems	diarrhea	over sleeping
isolating self	depression	FREE	irritability	anxiety
insomnia	negative thoughts	under eating	frequent colds	poor judgement
loss of objectivity	moodiness	skin breakout	teeth grinding	indecisiveness

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diarrhea	negative thoughts	constipation	moodiness	depression
under eating	isolating self	loss of objectivity	teeth grinding	memory problems
skin breakout	frequent colds	FREE	poor judgement	insomnia
weight gain	over sleeping	overeating	weight loss	headache
irritability	anxiety	nausea	fear	indecisiveness