

present moment

Resilience	Adaptability	Generosity	Passion	Leadership
Creativity	Reliability	Mindfulness	Communication	Problem-Solving
Self-Discipline	Compassion	FREE	Humor	Integrity
Perseverance	Kindness	Optimism	Gratitude	Loyalty
Courage	Patience	Curiosity	Teamwork	Empathy

present moment

Self-Discipline	Teamwork	Communication	Kindness	Creativity
Passion	Integrity	Generosity	Loyalty	Compassion
Humor	Adaptability	FREE	Gratitude	Optimism
Empathy	Resilience	Curiosity	Perseverance	Courage
Leadership	Honesty	Problem-Solving	Mindfulness	Reliability

present moment

Perseverance	Gratitude	Self-Discipline	Empathy	Passion
Patience	Problem-Solving	Teamwork	Kindness	Compassion
Optimism	Communication	FREE	Humor	Generosity
Honesty	Leadership	Courage	Adaptability	Resilience
Reliability	Mindfulness	Integrity	Loyalty	Curiosity