B	I	N	G	O
Tried a new positive activity because you saw friends were doing it	Chose not to participate in gossip or spreading rumors	Felt pressured to conform to a particular popular style or trend	Said "no" to negative peer pressure	Peer pressured to try drugs alcohol or other harmful substances
Felt empowered to make your own choices	Stood up for a friend who was being pressured	Pressured to fight someone	Encouraged by peers to engage in dangerous/risky dares or stunts	Resisted the urge to follow the crowd
Sought support from a trusted adult when feeling pressured	Was teased or bullied for not conforming to negative peer pressure	**FREE**	Encouraged peers to participate in positive activities	Had a conversation with friends about healthy choices
Negatively influenced by friends to not participate in activities	Set boundaries with friends to avoid negative influences	Peer pressure to skip class or break rules	Felt pressured to participate in acts of vandalism or destruction of property	Pressured someone to do well in school
Felt pressured to conform to unhealthy body image standards	Faced consequences for giving in to negative peer pressure	Pressured to steal from someone	Went along with negative behaviors to fit in	Felt pressured to cheat on an assignment

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B	I	N	G	O
Was teased or bullied for not conforming to negative peer pressure	Encouraged by peers to engage in dangerous/risky dares or stunts	Said "no" to negative peer pressure	Felt empowered to make your own choices	Pressured to fight someone
Felt pressured to conform to a particular popular style or trend	Went along with negative behaviors to fit in	Peer pressured to try drugs alcohol or other harmful substances	Faced consequences for giving in to negative peer pressure	Resisted the urge to follow the crowd
Negatively influenced by friends to not participate in activities	Encouraged peers to participate in positive activities	**FREE**	Had a conversation with friends about healthy choices	Chose not to participate in gossip or spreading rumors
Felt pressured to participate in acts of vandalism or destruction of property	Pressured to steal from someone	Tried a new positive activity because you saw friends were doing it	Felt pressured to cheat on an assignment	Set boundaries with friends to avoid negative influences
Peer pressure to skip class or break rules	Pressured someone to do well in school	Sought support from a trusted adult when feeling pressured	Stood up for a friend who was being pressured	Felt pressured to conform to unhealthy body image standards

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Faced consequences for giving in to negative peer pressure	Pressured to steal from someone	Encouraged by peers to engage in dangerous/risky dares or stunts	Pressured someone to do well in school	Encouraged peers to participate in positive activities
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Was teased or bullied for not conforming to negative peer pressure	Resisted the urge to follow the crowd	Said "no" to negative peer pressure	Went along with negative behaviors to fit in	Felt pressured to conform to a particular popular style or trend
Had a conversation with friends about healthy choices	Chose not to participate in gossip or spreading rumors	Pressured to fight someone	Felt empowered to make your own choices	Felt pressured to conform to unhealthy body image standards

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