

B	I	N	G	O
The New Me	0-1-2-3 Guidelines	Finding the Fire Within	State-dependent Restriction	My Strengths
DUI Group	The 4 Phases	No Way Not Now	Accountability	Sensation Seeking
Support System	Tools for Change	FREE	Biology Choices=	High-risk Choices
I'm Doing It	Substance Use	Low-risk Choices	Goals	My Values
Getting Ready	Craving	Self-Care	Well Maybe	Fear

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Goals	Self-Care	The New Me	Fear	Substance Use
Low-risk Choices	My Values	Support System	The 4 Phases	Getting Ready

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Craving	Self-Care	Accountability	My Values	Biology Choices=
The New Me	I'm Doing It	Low-risk Choices	The 4 Phases	My Strengths
Support System	Fear	FREE	Substance Use	Goals
Tools for Change	Sensation Seeking	State-dependent Restriction	Well Maybe	Finding the Fire Within
High-risk Choices	0-1-2-3 Guidelines	No Way Not Now	DUI Group	Getting Ready