

Fitness Bingo

Lunges	Triceps Dips	Plank	Push Ups	Burpees
Squats	Jumping Jacks	Burpees	Triceps Dips	Plank
Plank	Wall Sit	Lunges	Wall Sit	Plank
Burpees	Russian Twists	Squats	Russian Twists	Squats
Mountain Climbers	Push Ups	Mountain Climbers	Jumping Jacks	Mountain Climbers

Fitness Bingo

Mountain Climbers	Jumping Jacks	Burpees	Jumping Jacks	Burpees
Burpees	Wall Sit	Plank	Triceps Dips	Squats
Plank	Russian Twists	Squats	Russian Twists	Plank
Squats	Triceps Dips	Lunges	Push Ups	Plank
Lunges	Push Ups	Mountain Climbers	Wall Sit	Mountain Climbers

Fitness Bingo

Plank	Triceps Dips	Lunges	Push Ups	Plank
Burpees	Jumping Jacks	Mountain Climbers	Wall Sit	Squats
Lunges	Wall Sit	Plank	Russian Twists	Mountain Climbers
Mountain Climbers	Russian Twists	Squats	Triceps Dips	Plank
Squats	Push Ups	Burpees	Jumping Jacks	Burpees