

B	I	N	G	O
Stay Calm	Advocate For Others	Choices	Please stop!	I need help...
Can you give me space	Show Respect	I'm struggling...	Ask For Help	Listen
Self-Advocacy	Stop Bullying	FREE	Ask Questions	Express Yourself
Can I please take a break	Get Help	Problem Solve	I am feeling...	Reflect
Confidence	I'm having a hard time with...	Communicate	Assertive	Independence

B	I	N	G	O
Stop Bullying	Problem Solve	Listen	Independence	Reflect
Ask Questions	Can I please take a break	I need help...	Can you give me space	I'm having a hard time with...
Ask For Help	Decisions	FREE	Advocate For Others	I am feeling...
Stay Calm	Assertive	Success	Please stop!	I'm struggling...
Choices	Express Yourself	Get Help	Confidence	Show Respect

B	I	N	G	O
Can you give me space	Reflect	Get Help	Please stop!	Advocate For Others
Stop Bullying	Listen	Choices	Can I please take a break	I'm having a hard time with...
Express Yourself	Decisions	FREE	Ask Questions	Ask For Help
Assertive	Self-Advocacy	I need help...	Communicate	Independence
Show Respect	Stay Calm	I am feeling...	Confidence	Can you help me understand...