

|                                      |                              |                            |                                  |                                       |
|--------------------------------------|------------------------------|----------------------------|----------------------------------|---------------------------------------|
| <b>B</b>                             | <b>I</b>                     | <b>N</b>                   | <b>G</b>                         | <b>O</b>                              |
| 7. 160/100<br>(Stage 2 Hypertension) | 10.<br>Vasoconstriction      | 1. Secondary Hypertension  | 17.<br>Artery                    | 3.<br>Systolic                        |
| 24.<br>Hypertension                  | 14.<br>Heart Attack          | 5. Heart                   | 27. 125/85<br>(Pre-Hypertension) | 15. 120/80<br>(Normal Blood Pressure) |
| 29. 150/95<br>(Stage 1 Hypertension) | 4.<br>Plaque                 | <b>FREE</b>                | 12.<br>Weight Loss               | 26.<br>Diastolic                      |
| 20.<br>Atherosclerosis               | 21.<br>Blood Pressure        | 30. Essential Hypertension | 23.<br>Stroke                    | 28.<br>Angina                         |
| 31. Vein                             | 2.<br>Hypertension Emergency | 19.<br>Capillary           | 25. No Smoking                   | 18.<br>Overweight                     |

|                                         |                                             |                   |                                         |                              |
|-----------------------------------------|---------------------------------------------|-------------------|-----------------------------------------|------------------------------|
| <b>B</b>                                | <b>I</b>                                    | <b>N</b>          | <b>G</b>                                | <b>O</b>                     |
| 12.<br>Weight<br>Loss                   | 13.<br>Health                               | 26.<br>Diastolic  | 24.<br>Hypertension                     | 23.<br>Stroke                |
| 11.<br>Obese                            | 4.<br>Plaque                                | 3.<br>Systolic    | 20.<br>Atherosclerosis                  | 21.<br>Blood<br>Pressure     |
| 5. Heart                                | 10.<br>Vasoconstriction                     | <b>FREE</b>       | 7. 160/100<br>(Stage 2<br>Hypertension) | 25. No<br>Smoking            |
| 22. Salt<br>Reduction                   | 15. 120/80<br>(Normal<br>Blood<br>Pressure) | 18.<br>Overweight | 28.<br>Angina                           | 8. DASH<br>Diet              |
| 29. 150/95<br>(Stage 1<br>Hypertension) | 27. 125/85<br>(Pre-Hypertension)            | 31. Vein          | 14.<br>Heart<br>Attack                  | 1. Secondary<br>Hypertension |

|                                  |                                         |                                             |                              |                                         |
|----------------------------------|-----------------------------------------|---------------------------------------------|------------------------------|-----------------------------------------|
| <b>B</b>                         | <b>I</b>                                | <b>N</b>                                    | <b>G</b>                     | <b>O</b>                                |
| 23.<br>Stroke                    | 14.<br>Heart<br>Attack                  | 26.<br>Diastolic                            | 6. Clots                     | 12.<br>Weight<br>Loss                   |
| 9.<br>Exercise                   | 8. DASH<br>Diet                         | 15. 120/80<br>(Normal<br>Blood<br>Pressure) | 11.<br>Obese                 | 3.<br>Systolic                          |
| 27. 125/85<br>(Pre-Hypertension) | 17.<br>Artery                           | <b>FREE</b>                                 | 10.<br>Vasoconstriction      | 7. 160/100<br>(Stage 2<br>Hypertension) |
| 24.<br>Hypertension              | 29. 150/95<br>(Stage 1<br>Hypertension) | 21.<br>Blood<br>Pressure                    | 20.<br>Atherosclerosis       | 19.<br>Capillary                        |
| 28.<br>Angina                    | 31. Vein                                | 22. Salt<br>Reduction                       | 1. Secondary<br>Hypertension | 13.<br>Health                           |