G	o	a	l	s
Stretch	50 squats	Examination of conscience	Play piano	Memorize scripture passage
Drink 12 cups water	Spend one hour outside	Note in child observation journal	Big 3 back exercises	Personal Rosary
Sing!	Take vitamin/supplements	**FREE**	CPA work	Hug a child
Lauds/Vespers	Practice Latin	Meals planned before breakfast	Hang up to one minute	Mother Culture reading
Family bookkeeping	Daily Mass readings	One load of laundry from start to finish	Write a letter/call a friend	Entry in Commonplace journal

Smart Goals Bingo Card #1 of 3

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G	o	a	l	s
Take vitamin/supplements	Big 3 back exercises	Play piano	Drink 12 cups water	Note in child observation journal
Examination of conscience	Write a letter/call a friend	Memorize scripture passage	Daily Mass readings	Personal Rosary
Lauds/Vespers	CPA work	**FREE**	Hug a child	50 squats
Hang up to one minute	One load of laundry from start to finish	Stretch	Entry in Commonplace journal	Practice Latin
Meals planned before breakfast	Mother Culture reading	Sing!	Spend one hour outside	Family bookkeeping

Smart Goals Bingo Card #2 of 3

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G	o	a	l	s
Daily Mass readings	One load of laundry from start to finish	Big 3 back exercises	Mother Culture reading	CPA work
Stretch	Lauds/Vespers	Meals planned before breakfast	Spend one hour outside	Memorize scripture passage
Sing!	Entry in Commonplace journal	**FREE**	Practice Latin	Hang up to one minute
Take vitamin/supplements	Personal Rosary	Play piano	Write a letter/call a friend	Examination of conscience
Hug a child	50 squats	Note in child observation journal	Drink 12 cups water	Family bookkeeping

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