

B	I	N	G	O
Thompsons Test	Achilles Tendonitis	Cuboid	Plantar Fasciitis	Lateral Longitudnal Arch
Compartment Syndrome	Talus	Medial Longitudinal Arch	Ankle Sprain	Navicular
Shin Splints	Tibia	FREE	Anterior Tibialis	Fibula
Intermediate Cuneiform	Plantar Flexion	Inversion	Eversion	Lateral Malleolus
Dorsi Flexion	Calcaneus	Medial Malleolus	Turf Toe	Compression Test

B	I	N	G	O
Tibia	Ankle Sprain	Plantar Fasciitis	Compartment Syndrome	Medial Longitudinal Arch
Cuboid	Turf Toe	Lateral Longitudnal Arch	Calcaneus	Navicular
Intermediate Cuneiform	Anterior Tibialis	FREE	Fibula	Achilles Tendonitis
Everson	Medial Malleolus	Thompsons Test	Compression Test	Plantar Flexion
Inversion	Lateral Malleolus	Shin Splints	Talus	Dorsi Flexion

B	I	N	G	O
Calcaneus	Medial Malleolus	Ankle Sprain	Lateral Malleolus	Anterior Tibialis
Thompsons Test	Intermediate Cuneiform	Inversion	Talus	Lateral Longitudnal Arch
Shin Splints	Compression Test	FREE	Plantar Flexion	Eversion
Tibia	Navicular	Plantar Fasciitis	Turf Toe	Cuboid
Fibula	Achilles Tendonitis	Medial Longitudinal Arch	Compartment Syndrome	Dorsi Flexion