

B	I	N	G	O
Vegetables	Apple	Corn	Protein	Milk
Chicken	Tomatoes	Orange	Beans	Potatoes
Seeds	Water	FREE	Berries	Exercise
Fish	Rice	Grains	Eggs	Nuts
Dairy	Cheese	Peas	Yogurt	Chocolate

B	I	N	G	O
Water	Beans	Protein	Chicken	Orange
Corn	Yogurt	Milk	Cheese	Potatoes
Fish	Berries	FREE	Exercise	Apple
Eggs	Peas	Vegetables	Chocolate	Rice
Grains	Nuts	Seeds	Tomatoes	Dairy

B	I	N	G	O
Cheese	Peas	Beans	Nuts	Berries
Vegetables	Fish	Grains	Tomatoes	Milk
Seeds	Chocolate	FREE	Rice	Eggs
Water	Potatoes	Protein	Yogurt	Corn
Exercise	Apple	Orange	Chicken	Dairy