

B	I	N	G	O
no toe separation or knee bend	Butt kick run	Handstand pop up mat	long step run	handstand pop on ground
Front handspring over with Ttrainer	no toe separation	hurdle over 1 block	FHS 1/2 over spotting block	jump off stick
no spotted front handspring	straight leg jump up to vault	FREE	FHS on block over 1 block	double board jump
fast run	no bent knees	front handspring stick	arm circle on	hurdle on board
Squat on vault	FHS on block over 2 blocks	hurdle over 2 blocks	zombie jump off board	Front handspring over with springboard

B	I	N	G	O
straight leg jump up to vault	FHS 1/2over spotting block	long step run	Front handspring over with Ttrainer	hurdle over 1 block
Handstand pop up mat	zombie jump off board	handstand pop on ground	FHS on block over 2 blocks	jump off stick
fast run	FHS on block over 1 block	FREE	double board jump	Butt kick run
arm circle on	hurdle over 2 blocks	no toe separation or knee bend	Front handspring over with springboard	no bent knees
front handspring stick	hurdle on board	no spotted front handspring	no toe separation	Squat on vault

B	I	N	G	O
FHS on block over 2 blocks	hurdle over 2 blocks	FHS 1/2over spotting block	hurdle on board	FHS on block over 1 block
no toe separation or knee bend	fast run	front handspring stick	no toe separation	handstand pop on ground
no spotted front handspring	Front handspring over with springboard	FREE	no bent knees	arm circle on
straight leg jump up to vault	jump off stick	long step run	zombie jump off board	Handstand pop up mat
double board jump	Butt kick run	hurdle over 1 block	Front handspring over with Ttrainer	Squat on vault