B	I	N	G	O
sleep paralysis	abandonment issues	childhood trauma	overwhelmed	mommy/daddy issues
being spiked	sexually assaulted	no memory	anxiety	over / under stimulated
self-medicating (borderline addiction)	stress	**FREE**	being hospitalised due to injury or illness	dissassociating
having hallucinations	resentment of parents	insomnia or sleep all day with impending guilt	disordered eating	new diagnosis
crying self to sleep	being robbed	ocd	suicidal thoughts	broke

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B	I	N	G	O
stress	anxiety	overwhelmed	being spiked	no memory
childhood trauma	suicidal thoughts	mommy/daddy issues	being robbed	over / under stimulated
having hallucinations	being hospitalised due to injury or illness	**FREE**	dissassociating	abandonment issues
disordered eating	ocd	sleep paralysis	broke	resentment of parents
insomnia or sleep all day with impending guilt	new diagnosis	self-medicating (borderline addiction)	sexually assaulted	crying self to sleep

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B	I	N	G	O
being robbed	ocd	anxiety	new diagnosis	being hospitalised due to injury or illness
sleep paralysis	having hallucinations	insomnia or sleep all day with impending guilt	sexually assaulted	mommy/daddy issues
self-medicating (borderline addiction)	broke	**FREE**	resentment of parents	disordered eating
stress	over / under stimulated	overwhelmed	suicidal thoughts	childhood trauma
dissassociating	abandonment issues	no memory	being spiked	crying self to sleep

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