

B	I	N	G	O
stress	abandonment issues	crying self to sleep	resentment of parents	new diagnosis
broke	sleep paralysis	ocd	anxiety	overwhelmed
sexually assaulted	suicidal thoughts	FREE	being drugged	having hallucinations
insomnia or sleep all day with impending guilt	self-medicating (borderline addiction)	mommy/daddy issues	dissociating	no memory
disordered eating	being hospitalised due to injury or illness	over / under stimulated	trust issues	childhood trauma

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suicidal thoughts	anxiety	resentment of parents	broke	ocd
crying self to sleep	trust issues	new diagnosis	being hospitalised due to injury or illness	overwhelmed
insomnia or sleep all day with impending guilt	being drugged	FREE	having hallucinations	abandonment issues
dissociating	over / under stimulated	stress	childhood trauma	self-medicating (borderline addiction)
mommy/daddy issues	no memory	sexually assaulted	sleep paralysis	disordered eating

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being hospitalised due to injury or illness	over / under stimulated	anxiety	no memory	being drugged
stress	insomnia or sleep all day with impending guilt	mommy/daddy issues	sleep paralysis	new diagnosis
sexually assaulted	childhood trauma	FREE	self-medicating (borderline addiction)	dissociating
suicidal thoughts	overwhelmed	resentment of parents	trust issues	crying self to sleep
having hallucinations	abandonment issues	ocd	broke	disordered eating