

2025

Visit Keylee	Check on friends more	Get down to 130 lbs	See Heilman side of family more	Lake trip with the DUBS
Exceed goal at work 3 months	Turn 53	Mom/Daughter weekend	Create/Print family photo album	Try 3 new restaurants
Walk 5 miles a week for 1 month	Do a 5K	Get to 100 Classes at Power Life	Go to a concert	Try 3 new recipes
Karaoke	Read 7 books	Get my DUPR score to 2.7	Long weekend getaway with Harry	Dry January
Take a day off work with NO PLANS	Finish parent journal	Watch my son get married	Get 2 dogs adopted	Get rid of shoulder pain

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