B	I	N	G	O
TALK ABOUT IT	AM I JUST HUNGRY?	DANCE!	STAR BREATHING	JUMPING JACKS!
COLOR	TAKE A DEEP BREATH	PLAY WITH MY NEW TOYS	AM I JUST MAD?	SMILE!
TAKE A BREAK	THINK OF MY FAVORITE MEMORY	I FEEL LOVED!	AM I JUST SCARED?	HANG OUT WITH FINN
I CAN DO THIS!	STRETCH	I'LL BE OKAY	FEELINGS CAN'T HURT ME	NOISE CAN'T HURT ME
DISTRACT MYSELF	AM I JUST TIRED?	SHAKE IT OUT	THINK OF SOMETHING FUNNY	COUNT TO TEN BEFORE ACTING

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B	I	N	G	O
THINK OF MY FAVORITE MEMORY	AM I JUST MAD?	STAR BREATHING	COLOR	PLAY WITH MY NEW TOYS
DANCE!	THINK OF SOMETHING FUNNY	JUMPING JACKS!	AM I JUST TIRED?	SMILE!
I CAN DO THIS!	AM I JUST SCARED?	I FEEL LOVED!	HANG OUT WITH FINN	AM I JUST HUNGRY?
FEELINGS CAN'T HURT ME	SHAKE IT OUT	TALK ABOUT IT	COUNT TO TEN BEFORE ACTING	STRETCH
I'LL BE OKAY	NOISE CAN'T HURT ME	TAKE A BREAK	TAKE A DEEP BREATH	DISTRACT MYSELF

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B	I	N	G	O
AM I JUST TIRED?	SHAKE IT OUT	AM I JUST MAD?	NOISE CAN'T HURT ME	AM I JUST SCARED?
TALK ABOUT IT	I CAN DO THIS!	I'LL BE OKAY	TAKE A DEEP BREATH	JUMPING JACKS!
TAKE A BREAK	COUNT TO TEN BEFORE ACTING	I FEEL LOVED!	STRETCH	FEELINGS CAN'T HURT ME
THINK OF MY FAVORITE MEMORY	SMILE!	STAR BREATHING	THINK OF SOMETHING FUNNY	DANCE!
HANG OUT WITH FINN	AM I JUST HUNGRY?	PLAY WITH MY NEW TOYS	COLOR	DISTRACT MYSELF

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