

G	O	A	L	S
Vacation to a Beach	Commit to a Health Challenge	Got an "A"	Read a Book	Lost 10 LBS
Go to a Comedy show	Read a book	Lost 20 LBS	Commit to a Health Challenge	Payoff a CC
Read a Book	Vacation to a Mountain	My 56th Birthday	Get a new bed	Graduate (master's degree)
Learn a new skill	Read a Book	Learn a new skill	Got an "A"	Lost 15 LBS
Got an "A"	Get my Passport	Lost 5 LBS	Visit another Country	Got an "A"

G	O	A	L	S
Vacation to a Mountain	Commit to a Health Challenge	Read a Book	Go to a Comedy show	Lost 20 LBS
Got an "A"	Visit another Country	Lost 10 LBS	Get my Passport	Payoff a CC
Learn a new skill	Get a new bed	My 56th Birthday	Graduate (master's degree)	Commit to a Health Challenge
Got an "A"	Lost 5 LBS	Vacation to a Beach	Got an "A"	Read a Book
Learn a new skill	Lost 15 LBS	Read a Book	Read a book	Got an "A"

G	O	A	L	S
Get my Passport	Lost 5 LBS	Commit to a Health Challenge	Lost 15 LBS	Get a new bed
Vacation to a Beach	Learn a new skill	Learn a new skill	Read a book	Lost 10 LBS
Read a Book	Got an "A"	My 56th Birthday	Read a Book	Got an "A"
Vacation to a Mountain	Payoff a CC	Read a Book	Visit another Country	Got an "A"
Graduate (master's degree)	Commit to a Health Challenge	Lost 20 LBS	Go to a Comedy show	Got an "A"