

S	O	B	E	R
Family	Has a sponsor	Marijuana	Pain pills	Treatment
Celebrated a recovery milestone/Anniv within the past week	Has fewer than 90 days clean/sober	Meth	Relapse	Resentments
Addiction	High risk situation	FREE	Relationships	Trigger
Better communication	Has finished Step Nine	Mental Health Court	Positive coping strategies	Steroids
Co-occurring disorder	Heroin	Memory loss	Money problems	Self-help support group

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Affirmations	Inhalants	Mental Health Court	Relationships	Treatment
Co-occurring disorder	Heroin	Marijuana	Money problems	Steroids
Celebrated a recovery milestone/Anniv within the past week	Has a sponsor	FREE	Positive coping strategies	Resentments
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Affirmations	Inhalants	Mental Health Court	Money problems	Trigger
Family	Has fewer than 90 days clean/sober	Memory loss	Relapse	Resentments
Co-occurring disorder	Has a sponsor	FREE	Positive coping strategies	Steroids
Better communication	High risk situation	Marijuana	Pain pills	Treatment
Addiction	Heroin	Meditation	Relationships	Self-help support group