

B	I	N	G	O
Wave	Bend	Balance	Leap	Step
Run	Jab	Twist	Sink	Closed
Swing	Wiggle	Crawl	Pull	Tiptoe
Rise	Stroll	Rock	Slide	Spin
Melt	Meander	Shake	March Stomp	Creep

B	I	N	G	O
Duck	Shuffle	Run	Roll	Crawl
Tiptoe	Stretch	Pull	Creep	Push
Twist	Closed	Wiggle	Bend	Sink
Step	Shake	Rise	Jog	Leap
Slide	Spin	Skip	Sway	Hop

B	I	N	G	O
Slide	Run	Jab	Spin	Shake
Bend	Pull	Balance	Roll	Shuffle
Wave	Duck	Zig Zag	Wiggle	Jog
Crawl	Stretch	Sink	Kick	Wiggle
Hop	Closed	Step	Push	Leap