

LENT 2025

Desert experience	Easter Sunday	Grace	Prayer	Suffering
Communion	Easter Vigil	Penance	Reflection	Sacrifice
Abstinence	Forty days	JESUS LOVES YOU	Renewal	Temptation
Ash Wednesday	Fasting	Palm Sunday	Redemption	Spiritual discipline
Cross	Forgiveness	Maundy Thursday	Penitence	Resurrection

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Communion	Forgiveness	Mercy	Penitence	Suffering
Abstinence	Forty days	Maundy Thursday	Redemption	Temptation
Desert experience	Good Friday	JESUS LOVES YOU	Reflection	Stations of the Cross
Ash Wednesday	Fasting	Holy Week	Prayer	Resurrection
Almsgiving	Easter Sunday	Grace	Repentance	Sacrifice

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Desert experience	Easter Sunday	Palm Sunday	Prayer	Stations of the Cross
Almsgiving	Easter Vigil	Penance	Repentance	Resurrection
Communion	Good Friday	JESUS LOVES YOU	Penitence	Temptation
Cross	Fasting	Holy Week	Reflection	Spiritual discipline
Ash Wednesday	Forgiveness	Mercy	Renewal	Sacrifice