

LENT & HOLY WEEK 2025

Stations of the Cross	Abstinence	Fasting	Reflection	Mercy
Desert experience	Sacrifice	Penitence	Almsgiving	Resurrection
Ash Wednesday	Grace	JESUS LOVES YOU	Holy Week	Repentance
Maundy Thursday	Redemption	Forty days	Palm Sunday	Forgiveness
Communion	Cross	Penance	Easter Sunday	Prayer

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Suffering	Renewal	Redemption	Penitence	Repentance
Communion	Cross	Prayer	Palm Sunday	Desert experience
Penance	Almsgiving	JESUS LOVES YOU	Grace	Abstinence
Mercy	Stations of the Cross	Temptation	Easter Sunday	Ash Wednesday
Reflection	Easter Vigil	Holy Week	Fasting	Forty days

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Penance	Desert experience	Redemption	Prayer	Easter Vigil
Almsgiving	Temptation	Fasting	Suffering	Spiritual discipline
Easter Sunday	Repentance	JESUS LOVES YOU	Maundy Thursday	Reflection
Abstinence	Cross	Palm Sunday	Holy Week	Good Friday
Stations of the Cross	Ash Wednesday	Resurrection	Communion	Sacrifice