

LENT & HOLY WEEK 2025

Spiritual discipline	Abstinence	Easter Sunrise Service	Redemption	Holy Week
Cross Walk	Resurrection	Penance	Almsgiving	Repentance
Ash Wednesday	Good Friday	JESUS LOVES YOU	Grace	Renewal
Holy Thursday	Prayer	Forgiveness	Mercy	Fasting
Communion	Cross	Palm Sunday	Desert experience	Penitence

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Suffering	Reflection	Prayer	Penance	Renewal
Communion	Cross	Penitence	Mercy	Cross Walk
Palm Sunday	Almsgiving	JESUS LOVES YOU	Good Friday	Abstinence
Holy Week	Spiritual discipline	Temptation	Desert experience	Ash Wednesday
Redemption	Easter Sunday Worship	Grace	Easter Sunrise Service	Forgiveness

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Palm Sunday	Cross Walk	Prayer	Penitence	Easter Sunday Worship
Almsgiving	Temptation	Easter Sunrise Service	Suffering	Sacrifice
Desert experience	Renewal	JESUS LOVES YOU	Holy Thursday	Redemption
Abstinence	Cross	Mercy	Grace	Forty days
Spiritual discipline	Ash Wednesday	Repentance	Communion	Resurrection