

# LENT & HOLY WEEK 2025

|                           |                        |                           |                          |                          |
|---------------------------|------------------------|---------------------------|--------------------------|--------------------------|
| Spiritual discipline      | Almsgiving             | Cross                     | Reflection               | Mercy                    |
| Attend Good Friday 4/18   | Sacrifice              | Prayer                    | Attend Ash Wednesday 3/5 | Resurrection             |
| Suffering                 | Attend Cross Walk 4/16 | JESUS LOVES YOU           | Forty days               | Grace                    |
| Repentance                | Holy Week              | Redemption                | Fasting                  | Participate in Communion |
| Attend Easter Sunday 4/20 | Renewal                | Attend Holy Thursday 4/17 | Temptation               | Attend Palm Sunday 4/13  |

# LENT & HOLY WEEK 2025

|                            |                      |                              |                          |                              |
|----------------------------|----------------------|------------------------------|--------------------------|------------------------------|
| Suffering                  | Temptation           | Attend Ash Wednesday<br>3/5  | Holy Week                | Attend Good Friday<br>4/18   |
| Reflection                 | Grace                | Cross                        | Participate in Communion | Attend Cross Walk 4/16       |
| Forty days                 | Almsgiving           | JESUS LOVES YOU              | Fasting                  | Redemption                   |
| Attend Palm Sunday<br>4/13 | Spiritual discipline | Attend Holy Thursday<br>4/17 | Repentance               | Attend Easter Sunday<br>4/20 |
| Mercy                      | Forgiveness          | Resurrection                 | Prayer                   | Sacrifice                    |

# LENT & HOLY WEEK 2025

|             |                          |                           |                          |                           |
|-------------|--------------------------|---------------------------|--------------------------|---------------------------|
| Repentance  | Fasting                  | Suffering                 | Attend Palm Sunday 4/13  | Reflection                |
| Renewal     | Resurrection             | Temptation                | Holy Week                | Attend Cross Walk 4/16    |
| Redemption  | Attend Ash Wednesday 3/5 | JESUS LOVES YOU           | Forty days               | Cross                     |
| Forgiveness | Mercy                    | Attend Easter Sunday 4/20 | Almsgiving               | Spiritual discipline      |
| Sacrifice   | Prayer                   | Grace                     | Participate in Communion | Attend Holy Thursday 4/17 |