

Temple attendance	Being Worthy	Good Music	Respecting others	No sexual contact
Dating appropriately	Strong mind	Not gossiping	Being a good friend	Strong body
Being honest	No Pornography	FREE	No alcohol	Standards
No drugs	Repenting	Kindness	No smoking	Keeping Sabbath
Choosing good friends	Clean thoughts	Not Swearing	Dress Modestly	Purity

Virtue	Setting an example	Repenting	Not gossiping	Standards
Choosing good friends	Clean thoughts	Purity	No smoking	Dating appropriately
Not Swearing	Being a good friend	FREE	No Pornography	Being Worthy
No sexual contact	Temple attendance	Word of Wisdom	Dress Modestly	Being honest
Respecting others	Good Movies	No alcohol	Good Music	Kindness

Not Swearing	Dating appropriately	Repenting	Purity	Good Movies
Being a good friend	Word of Wisdom	Good Music	Virtue	Strong spirit
Dress Modestly	Standards	FREE	No drugs	Respecting others
Being Worthy	Clean thoughts	No smoking	No alcohol	Listen to the Spirit
Temple attendance	Being honest	Strong body	Choosing good friends	Strong mind