

B	I	N	G	O
Prefers plant-based meals	Celebrates more than 2 cultural holidays each year	Explores spirituality as part of their self-development	Is the middle child	Has never been to Disneyland or Disney World
Drives an electric or hybrid car	Practices mindfulness or meditation regularly	Identifies more as an auditory learner than a visual learner	Comes from a bilingual or multilingual household	Music is my life
Uses 4 or more social media platforms	Comes from a family with more than two siblings	Had a career before entering the psych/couns field	Has a creative hobby such as painting writing or crafting	Made any donation in the past year
Has lived in more than 3 different states or countries	Is the first in their family to attend graduate school	Grew up in a large city or metropolitan area	Has traveled abroad in the past year	Currently lives in a multicultural neighborhood
Is the only child	Enjoys reading	Was born outside the United States	Exercises weekly	Grew up in a rural area

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