

B	I	N	G	O
Stress Management	Barriers	Expectations	Resilience	Know Better
Cultivate	Shame	Patience	Communication	Protect
Sadness	Transparent	TRUST	Communication	Frustrations
Cooperation	Health	Respect	Insecurity	Responsibility
Fear	Legal Requirements	Expectations	Compromise	Policies

B	I	N	G	O
Transparent	Respect	Protect	Policies	Responsibility
Communication	Cooperation	Know Better	Cultivate	Legal Requirements
Communication	Forgiveness	TRUST	Barriers	Insecurity
Stress Management	Compromise	Understanding	Resilience	Patience
Expectations	Frustrations	Health	Fear	Shame

B	I	N	G	O
Cultivate	Responsibility	Health	Resilience	Barriers
Transparent	Protect	Expectations	Cooperation	Legal Requirements
Frustrations	Forgiveness	TRUST	Communication	Communication
Compromise	Sadness	Know Better	Expectations	Policies
Shame	Stress Management	Insecurity	Fear	Encouragement