B	I	N	G	O
Vulnerability	Abandonment	Fear	Sadness	Longing
Depression	Terror	Panic	Anger	Stubbornness
Blaming	Humiliation	**FREE**	Insecurity	Shock
Jealousy	Rejection	Hatred	Lost	Grief
Confusion	Crying	Nervousness	Disgust	Pride

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B	I	N	G	O
Worry	Shame	Rejection	Panic	Shock
Confusion	Crying	Pride	Lost	Depression
Nervousness	Anger	**FREE**	Humiliation	Abandonment
Longing	Vulnerability	Worthless	Disgust	Blaming
Sadness	Failure	Insecurity	Fear	Hatred

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B	I	N	G	O
Nervousness	Depression	Rejection	Pride	Failure
Anger	Worthless	Fear	Worry	Unworthy
Disgust	Shock	**FREE**	Jealousy	Sadness
Abandonment	Crying	Lost	Insecurity	Heartache
Vulnerability	Blaming	Stubbornness	Confusion	Terror

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