

B	I	N	G	O
Vulnerability	Anger	Abandonment	Failure	Sadness
Longing	Crying	Terror	Panic	Depression
Rejection	Stubbornness	FREE	Blaming	Nervousness
Heartache	Humiliation	Shame	Jealousy	Pride
Shock	Hatred	Grief	Lost	Fear

B	I	N	G	O
Blaming	Confusion	Nervousness	Longing	Jealousy
Anxiety	Stubbornness	Sadness	Heartache	Humiliation
Terror	Anger	FREE	Vulnerability	Lost
Insecurity	Depression	Fear	Pride	Worry
Rejection	Panic	Shock	Crying	Abandonment

B	I	N	G	O
Jealousy	Crying	Nervousness	Unworthy	Blaming
Worthless	Worry	Depression	Anxiety	Sadness
Panic	Failure	FREE	Anger	Vulnerability
Longing	Rejection	Humiliation	Heartache	Grief
Pride	Shock	Insecurity	Abandonment	Confusion