

B	I	N	G	O
Washing hands	Applying insect repellent	Cleaning glasses	Using deodorant	Using a foot scrub
Changing clothes daily	Washing face	Using body lotion	Applying sunscreen	Using soap
Blowing nose	Using a tongue scraper	FREE	Shampooing hair	Using tissues
Showering	Using mouthwash	Trimming nails	Using chapstick	Combing hair
Cleaning shoes	Using a nail brush	Brushing hair	Brushing teeth	Using hand sanitizer

B	I	N	G	O
Flossing	Blowing nose	Shampooing hair	Washing face	Applying sunscreen
Washing hands	Using tissues	Using a tongue scraper	Using deodorant	Using a nail brush
Showering	Using a foot scrub	FREE	Changing clothes daily	Cleaning glasses
Using body lotion	Wearing clean socks	Using hand sanitizer	Using mouthwash	Brushing hair
Brushing teeth	Using chapstick	Applying insect repellent	Trimming nails	Wiping properly

B	I	N	G	O
Wearing clean socks	Changing underwear daily	Blowing nose	Using hand sanitizer	Changing clothes daily
Using a tongue scraper	Cleaning ears	Wiping properly	Applying sunscreen	Washing hands
Trimming nails	Brushing teeth	FREE	Using deodorant	Shampooing hair
Cleaning glasses	Flossing	Applying insect repellent	Cleaning shoes	Using a nail brush
Using chapstick	Washing face	Using mouthwash	Showering	Using soap