

B	I	N	G	O
Wear a Momentum shirt to FNL	Attended 3 classes this week	Complete 25.1	Take a pic or video and tag @crossfitmomentum on IG	Post 25.1 Score on CrossFit Games App
Challenge a coach to 10 burpees for time	Unlock a new skill (pull-up double under etc)	Stayed Hydrated all week (1/2 bodyweight in oz)	Bring a non-member to FNL	Take time to cool-down/stretch
Bring a non-member to FNL	Signed up for the OPEN at games.crossfit.com	Be a CrossFit Momentum Member	High 5 at least 6 others	Took 10 extra minutes this week to work toward a goal
Judge one or more heats at 25.1	Take a selfie with another member	Post 25.1 Score on CrossFit Games App	Take a pic or video and tag @crossfitmomentum on IG	Do a good deed for someone today
Complete the CrossFit Games Judges Course	Signed up & Signed into tonight's THE OPEN on WODIFY classes	Bring a protein filled snack to eat after the WOD	Bring a snack or beverage to share at FNL	Take a selfie with a coach

B	I	N	G	O
Give someone a hug	Bring a non-member to FNL	High 5 at least 6 others	Unlock a new skill (pull-up double under etc)	Bring a non-member to FNL
Wear a Momentum shirt to FNL	Took 10 extra minutes this week to work toward a goal	Signed up for the OPEN at games.crossfit.com	Take a pic or video and tag @crossfitmomentum on IG	Signed up & Signed into tonight's THE OPEN on WODIFY classes
Judge one or more heats at 25.1	Post 25.1 Score on CrossFit Games App	Be a CrossFit Momentum Member	Challenge a coach to 10 burpees for time	Complete 25.1
Stayed Hydrated all week (1/2 bodyweight in oz)	Wear a Momentum shirt to FNL	Take a selfie with a coach	Take a selfie with another member	Bring a protein filled snack to eat after the WOD
Bring a snack or beverage to share at FNL	Take a pic or video and tag @crossfitmomentum on IG	Attended 3 classes this week	Post 25.1 Score on CrossFit Games App	Wear your team colors

B	I	N	G	O
Wear a Momentum shirt to FNL	Challenge a member to 50 air squats for time	Bring a non-member to FNL	Take a selfie with a coach	Challenge a coach to 10 burpees for time
Signed up for the OPEN at games.crossfit.com	Complete 25.1	Wear your team colors	Bring a non-member to FNL	Wear a Momentum shirt to FNL
Post 25.1 Score on CrossFit Games App	Bring a snack or beverage to share at FNL	Be a CrossFit Momentum Member	Take a pic or video and tag @crossfitmomentum on IG	High 5 at least 6 others
Complete 25.1	Give someone a hug	Attended 3 classes this week	Complete the CrossFit Games Judges Course	Signed up & Signed into tonight's THE OPEN on WODIFY classes
Take a pic or video and tag @crossfitmomentum on IG	Unlock a new skill (pull-up double under etc)	Take a selfie with another member	Judge one or more heats at 25.1	Take time to cool-down/stretch