

C	L	E	A	N
Support	AA/NA meetings	Choice	Relationships	Happiness
Anxiety	Sponsor	Pastor	Acceptance	Spiritual leader
Therapy	Affirmations	FREE	Family	Focus
Restoration	Forgiveness	Positive Coping Skills	Co-Occurring Disorders	Meditations
Aftercare	Relaxation	Believe	Treatment	Change

C	L	E	A	N
Therapy	Treatment	Acceptance	Forgiveness	Anxiety
Relationships	Focus	Choice	Meditations	Affirmations
Family	AA/NA meetings	FREE	Co-Occurring Disorders	Positive Coping Skills
Change	Support	Believe	Restoration	Aftercare
Happiness	Communication	Spiritual leader	Pastor	Sponsor

C	L	E	A	N
Restoration	Co-Occurring Disorders	Therapy	Change	Relationships
Relaxation	Spiritual leader	Treatment	Forgiveness	Affirmations
Positive Coping Skills	Acceptance	FREE	Family	Choice
Communication	Happiness	Aftercare	AA/NA meetings	Support
Sponsor	Pastor	Focus	Meditations	Believe