

B	I	N	G	O
Reframe	All or Nothing	Jumping to Conclusions	Minimization	Mental Filter
Emotional Reasoning	Reframe	Mind Reading	All or Nothing	Personalization or Blame
Should Statements	Discounting Positives	FREE	Labeling	Magnification
Personalization or Blame	Magnification	Mind Reading	Jumping to Conclusions	Mental Filter
Discounting Positives	Overgeneralization	Emotional Reasoning	Should Statements	Emotional Reasoning

B	I	N	G	O
Should Statements	Should Statements	All or Nothing	Magnification	Emotional Reasoning
Minimization	Magnification	Jumping to Conclusions	Mental Filter	Discounting Positives
Labeling	All or Nothing	FREE	Jumping to Conclusions	Mind Reading
Emotional Reasoning	Reframe	Emotional Reasoning	Personalization or Blame	Discounting Positives
Mental Filter	Labeling	Personalization or Blame	Mind Reading	Reframe

B	I	N	G	O
Personalization or Blame	Jumping to Conclusions	Should Statements	Emotional Reasoning	Minimization
Overgeneralization	Personalization or Blame	Should Statements	Magnification	Discounting Positives
Mind Reading	All or Nothing	FREE	Labeling	Jumping to Conclusions
Labeling	Mental Filter	Discounting Positives	All or Nothing	Reframe
Reframe	Mind Reading	Magnification	Mental Filter	Emotional Reasoning