

B	I	N	G	O
Talking to Counselors	Asking for help	Confusing or not clear info	Self-Advocacy	Life
Collaborate	Support System	Questions	Belief that you can do something	Responsibility
Self-advocate	Vague	FREE	Calming strategies	Help
Important life and social skill	Self-Awareness	Independent	Gratitude	Problem solve
Doing something on your own	Clarify	Request	When we are thankful	Confidence

B	I	N	G	O
Vague	Belief that you can do something	Self-Advocacy	Collaborate	Questions
Confusing or not clear info	When we are thankful	Life	Clarify	Responsibility
Important life and social skill	Calming strategie s	FREE	Help	Asking for help
Gratitude	Request	Talking to Counselors	Confidence	Self-Awareness
Independent	Problem solve	Self-advocate	Support System	Doing something on your own

B	I	N	G	O
Clarify	Request	Belief that you can do something	Problem solve	Calming strategie s
Talking to Counselors	Important life and social skill	Independent	Support System	Life
Self-advocate	Confidence	FREE	Self-Awareness	Gratitude
Vague	Responsibility	Self-Advocacy	When we are thankful	Confusing or not clear info
Help	Asking for help	Questions	Collaborate	Doing something on your own