

7 HABITS OF EFFECTIVE KIDS

regulation strategies	7 habits	First things first	Together	Sharpen the saw
Do not blame	prioritize	Then to be understood	Be proactive	To be understood
listen	take responsibility	FREE	Begin with the end in mind	Reactive
Responsibility	count to ten	Seek first to understand	Learning	Synergize
Green zone	Blue Zone	Think win-win	think of something funny	Excited or nervous

7 HABITS OF EFFECTIVE KIDS

take responsibility	Be proactive	Together	Do not blame	Then to be understood
First things first	think of something funny	Sharpen the saw	Blue Zone	To be understood
Responsibility	Begin with the end in mind	FREE	Reactive	7 habits
Learning	Think win-win	regulation strategies	Excited or nervous	count to ten
Seek first to understand	Synergize	listen	prioritize	Green zone

7 HABITS OF EFFECTIVE KIDS

Blue Zone	Think win-win	Be proactive	Synergize	Begin with the end in mind
regulation strategies	Responsibility	Seek first to understand	prioritize	Sharpen the saw
listen	Excited or nervous	FREE	count to ten	Learning
take responsibility	To be understood	Together	think of something funny	First things first
Reactive	7 habits	Then to be understood	Do not blame	Green zone